



Complete Western to Central Bhutan

2 NIGHTS THIMPHU | 2 NIGHTS PUNAKHA | 2 NIGHTS GANGTEY | 2 NIGHTS BUMTHANG |
2 NIGHTS PARO



ITINERARY OF THE JOURNEY

Day	Activity/Valley
Day 1	Transfer to Thimphu
Day 2	Explore Thimphu
Day 3	Transfer to Punakha Valley
Day 4	Explore Punakha Valley
Day 5	Transfer to Gangtey Valley
Day 6	Explore Gangtey valley
Day 7	Transfer to Bumthang Valley
Day 8	Explore Bumthang Valley
Day 9	Transfer to Paro Valley Via Domestic flight
Day 10	Explore Paro Valley—Tiger's Nest
Day 11	Departure

ABOUT BHUTAN

As you step into the Kingdom of Bhutan, you will be immediately captivated by the crisp, fresh mountain air that seems to revitalize the senses. From this first breath, you will quickly discover a land unlike any other. The captivating sight of tour guides and drivers dressed in the vibrant national costume will greet you, a testament to the country's commitment to preserving its rich cultural heritage. But Bhutan's uniqueness extends far beyond the attire- this is a nation that has famously pioneered the concept of Gross National Happiness (GNH), prioritizing the well-being and contentment of its people over pure economic growth. And as if that weren't enough, Bhutan also boasts a remarkable education system that provides free schooling to all of its citizens, nurturing the next generation of leaders and visionaries. As you explore Bhutan's enchanting landscapes and immerse yourself in its timeless traditions, you will quickly understand why this Himalayan kingdom stands apart from the rest of the world, a shining example of sustainable development and cultural preservation.

What is SDF and its importance?

The hidden impact of Bhutan's Sustainable Development Fee.

The Kingdom of Bhutan has long captivated the world with its stunning natural beauty, rich cultural heritage, and commitment to sustainable development. At the very core of this extraordinary nation's journey lies the Sustainable Development Fee (SDF) - a daily levy that has quietly, yet profoundly, transformed the lives of the Bhutanese people.

The SDF, collected by the government, has become the lifeblood that nourishes Bhutan's ambition for sustainable development. These funds are allocated to diverse projects from free healthcare and education to specialized training programs that uplifts the tourism and hospitality industries, the SDF has empowered the nation to invest in its most valuable asset - its people.

Crucially, the SDF has allowed Bhutan to maintain its exceptional forest cover of over 70% and it's carbon-negative status. The SDF has become a testament to the power of responsible tourism, where every guest leaves a positive impact to the people of Bhutan.

DAY 1: ARRIVAL IN BHUTAN DRIVE TO THIMPHU (Travel distance: 50 km)

- Arrival in Bhutan.
- Upon Landing in Paro International Airport, meet with our representative who will lead the journey throughout your stay in Bhutan).
- Transfer to Thimphu (Capital city of Bhutan).
- Get to know your Bhutanese tour guide.
- Hotel check in and time for rest.
- Dinner at Hotel.
- Overnight in Thimphu.

Meals : Dinner

DAY 2: THIMPHU VALLEY

- Breakfast at hotel and visit exciting sites in Thimphu today.
- Take a short hike to Wangditse Nature Trail and capture the admirable view of Thimphu Valley.
- Visit the Royal Takin Preserve to get a chance to see the odd looking national animal of Bhutan.
- Lunch.
- Take a chance to witness the ancient methods of making Bhutanese Traditional Paper at Jungshi Paper Factory.
- Join yourself with elderly people circumambulating the National Memorial Chorten, one of the most visible religious structures in Thimphu.
- Cherish the fascinating panoramic view of Thimphu City from Buddha Dordenma, one of the biggest sitting Statue of Buddha in the world.
- Bhutan Being the only country in the world without traffic lights. witness the unique way of how traffic is guided in Bhutan.
- Leisure in Thimphu City.
- Dinner at hotel.
- Overnight in Thimphu.

Meals : Breakfast, Lunch & Dinner.



DAY 3: DRIVE TO PUNAKHA VALLEY **(Travel Distance: 75 km)**

- Breakfast at hotel and Drive towards beautiful Punakha Valley.
- Journey to Punakha valley, takes you into some of Bhutan's most spectacular scenery, from high mountains passes to tiered fields and along the river banks of Pho Chu and Mo Chu.
- Stop at Dochula Pass to capture a stunning 360 degree panoramic view of the Himalayan mountain ranges if the weather permits.
- Lunch and continue drive to Punakha.
- Explore the farmers market in Punakha and get a chance to interact with local vendors.
- Hotel Check-in.
- Dinner at Hotel.
- Overnight at Gangtey.

Meals : Breakfast, Lunch and Dinner.

DAY 4: PUNAKHA VALLEY

- Breakfast at the hotel.
- Enter the courtyard of Pungthang Dewachen Phodrang – Palace of Great Happiness, the beautiful fortress is the winter residence of Bhutan's Central Monastic Body.
- Walk along the longest Suspension bridge and cross the Pho Chu River.
- Lunch.
- Visit the Shangchen Dorji Lhendrup Lhakhang Nunnery and interact with the cheerful Nuns.
- Hike towards Khamsum Yulley Namgyal Chorten sitting majestically on the ridge above Punakha Valley.
- Dinner at hotel.
- Overnight at Punakha.

Meals : Breakfast, Lunch and Dinner.



DAY 5: DRIVE TO GANGTEY VALLEY

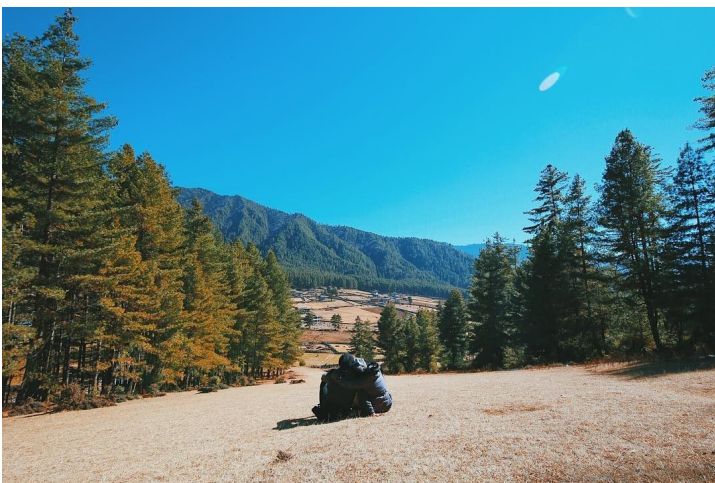
- Breakfast at Hotel.
- Drive towards the special valley of Gangtey. The winter home of the black necked crane.
- Hotel Check in.
- Lunch.
- Option to Enjoy a leisurely evening bike ride along the magnificent valley or leisure at the hotel.
- Dinner at Hotel.
- Overnight at Gangtey.

Meals : Breakfast, Lunch and Dinner.

DAY 6: EXPLORE GANGTEY VALLEY

- Breakfast at Hotel.
- Observe the finest workmanship of Bhutanese woodcarvers, sculptors, and painters at the Impressive Gangtey Goemba.
- Trail through exquisite pine forests and be utterly enchanted with the spectacular landscape spread out before you.
- Visit the crane Information Center and Observe the interesting facts about Black Necked Crane in the form of videos, brochures and diagrammatic presentations.
- Lunch.
- Enjoy a game of Archery and Bhutanese darts with your guide, the national sport of the Bhutan.
- Dinner at Hotel.
- Overnight at Gangtey.

Meals : Breakfast, Lunch and Dinner.



DAY 7: DRIVE TO BUMTHANG VALLEY **(Travel Distance: 155 km)**

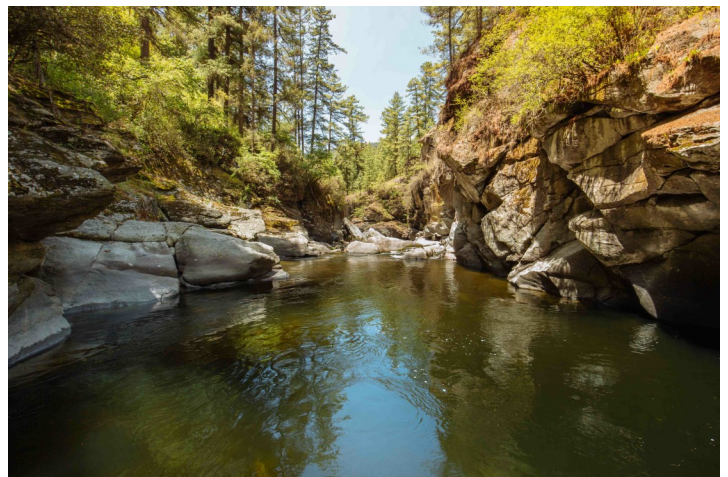
- Breakfast at hotel and Drive Pass through dramatic landscapes to discover Bumthang, a stunning valley comprising of four major valleys with the most sacred sites and monasteries.
- Lunch.
- Visit Trongsa Dzong, located near the centre of Bhutan and was considered crucial in controlling the kingdom in earlier years due to its strategic position.
- Take a short visit to Ta Dzong and discover the eleven galleries exhibiting old artefacts and witness this ancient fortress getting gist of the Bhutanese life in the olden days.
- Continue drive towards Bumthang.
- Hotel Check-in.
- Dinner at Hotel.
- Overnight in Bumthang.

Meals : Breakfast, Lunch and Dinner.

DAY 8: EXPLORE BUMTHANG VALLEY

- Breakfast at Hotel and off to explore the mysteries of Bumthang valley.
- Discover one of the 108 temples, Jambay Lhakhang, built by Tibetan King Songtsen Gampo in 659AD, one of the first temples in Bhutan.
- Visit, Fascinate to witness the imprint of body (kurje) of Guru Rinpoche on solid rock from inside the shrine of majestic Kurje Lhakhang.
- Visit the unique Tamzhing Lhakhang and witness the most remarkable paintings during the reign of Pema Lingpa.
- Lunch.
- Take a short drive to Maebartsho which means the Burning Lake. It is a sacred place for pilgrimage. A buddhist saint Terton Pema Lingpa discovered sacred treasure in the Maebartsho.
- Witness the process of making Red Panda Beer which is a preservative free at Bumthang Brewery.
- Dinner at Hotel.
- Overnight at Bumthang.

Meals : Breakfast, Lunch and Dinner.



DAY 9: TRANSFER TO PARO VALEY VIA DOMESTIC FLIGHT

- Breakfast at Hotel & transfer towards Paro valley via domestic flight .
- Admire Paro Valley it is one of the picturesque region and a widest valley in the Kingdom, covered with fertile rice fields and beautiful crystal line river meandering down the valley.
- Explore Paro town, known for its old and unique architecture. An opportunity to buy souvenir for your Loved ones.
- Hotel Check-in.
- Lunch
- Learn the art of preparing the unique Bhutanese Butter tea.
- Dinner at hotel.
- Overnight at Paro.

Meals : Breakfast, Lunch and Dinner.

DAY 10: PARO – HIKE TO TIGER’S NEST

- Early breakfast at hotel and drive to Tiger’s Nest Base/ Parking Lot.
- Hike to the most pilgrimage site in Bhutan, Taktsang Monastery or Tiger’s Nest is the most stunning and popular landmark in the Kingdom of Bhutan.
- Lunch.
- Time for relaxation and leisure after a tiring and successful tiger’s nest hike.
- Overnight at Paro.

Meals : Breakfast, Lunch & Dinner.



DAY 11: TRANSFER TO AIRPORT

- Breakfast at Hotel.
- Our representative will transfer you to Paro international airport, towards your next destination, we look forward to seeing you again in this beautiful Land of Happiness.

Meals : Breakfast

Tashi Delek!

